



W
WALDORF ASTORIA
Spa



WALDORF ASTORIA SPA CANCUN

At Waldorf Astoria Spa we deliver true expertise that impacts and aligns with our guests' prioritization of wellness alongside skincare at the vanguard of innovation. We invite our guests to disappear into a sumptuous retreat like no other. Social celebration or solo sequestering, celebratory moments or secluded havens, the Waldorf Astoria Spa will tick every box, without you even having to ask. Our passion for the very best in wellness and skincare comes to life with our unique approach. We envelope the greatest spa experiences in our Waldorf Astoria hospitality.

BEING WELL

Our signature spa experience is inspired by the connection between the Yaxché or Tree of Life for the Mayan culture, with the use of the healing stones and the Mayan cosmovision. For the Mayan culture, the Yaxché or Sacred Ceiba connected the earth with the skies and the underworld, it was the center of the universe and the bridge that communicated and intertwined everything that existed, connecting the different cosmic and energetic levels to enlighten and expand the consciousness.



SPA TREATMENT
SERVICES

SIGNATURE RITUALS



THE YAXCHÉ JOURNEY

This unique ritual is an inner journey to awake and release our deepest emotions, a journey of personal discovery and healing, working on a spiritual, emotional, and physical plane to balance body, mind, and spirit. The body is represented by the Sacred Ceiba and its connection with the underworld (our ancestors), the earth (the present moment) and the skies (the connection with the divine). During the 3 phases of this unique massage, two expert therapists will work simultaneously on your body using different semi-precious stones well known for their healing and energetic properties following the path of the 4 points of the Universe, the 4 Ceibas and the 4 Elements. The conjunction with the smoke of the palo santo used to cleanse your energy and a mixture of herbal balms with calming properties, will help you to let go of your past, accept the present moment, and connect with your divine being.

80 mins. - 9,745 MXN

THE SACRED CEIBA RITUAL

The Ceiba was used by the Mayans due to its therapeutic properties, especially the leaves, rich in camphor and tree-bark, were widely used to ease the pain and inflammation. This ritual brings together all the ancient Mayan wisdom in herbalism by using old healing recipes from our ancestors to create a full experience for your body. To begin, we will apply a refreshing body scrub to detoxify the skin followed by the application of a mask all over the body to release the muscle tension and relax. Then we will finalize with a full body massage to improve the circulation and ease the pain thanks to the camphor's properties, leaving you completely renewed.

100 mins. - 6,975 MXN

MASSAGES

THE BLACK CEIBA

For the Mayans, the West was represented by the Black Ceiba that was associated with the Fire element, representing the transformation, purification, and renewal of the body. The transition from adolescence to adulthood. Our stronger massage has been designed to relieve the tension in the deep layers of the muscles and connectivity tissue to improve the physical recovery, helping to relieve the tension and stress of the daily life.

(Deep Tissue) 50/ 80 mins. - 4,315/ 5,840 MXN

THE WHITE CEIBA

The North was represented by the White Ceiba that was associated with the Earth element, bearer of wisdom, rootedness, abundance, and stability. It symbolized the adulthood and maturity. Our classic massage is the perfect combination of different styles of long, gliding, and flowing strokes and muscle manipulations, to reduce muscle pain, joint stiffness and stimulate the circulation.

(Swedish) 50/ 80 mins. - 4,315/ 5,840 MXN

THE YELLOW CEIBA

The South was represented by the Yellow Ceiba, associated with the Water element, reflection of the feelings, emotions, and inner knowledge. The transition from childhood to adolescence. The gentlest of massages, yet so effective, relaxing the whole body and the mind. A synergy of seamless massage techniques and a specially blended of relaxing essential oils to ensure you will feel renewed and refreshed afterwards.

(Aroma Relax) 50/ 80 mins. - 4,315/ 5,840 MXN

THE RED CEIBA

The East was represented by the Red Ceiba, associated with the Air element, with the freedom, the new beginnings, and the spiritual elevation. It symbolized the first years of life. This massage is the perfect combination of traditional therapeutic massage techniques with the use of volcanic hot stones to release tension, eliminate toxins and improve circulation while leaving you deeply relaxed.

(Hot Stones) 80 mins. - 5,840 MXN

BODY RITUALS

THE COPALLI RITUAL

Copal or "Copalli" is a plant aromatic resin appreciated for its therapeutic properties since pre-Hispanic times, where it was used as healer of spiritual diseases and as an offering to deities. This unique ritual will help you to focus on the present moment and let go of the past, feeling completely relaxed and renewed afterwards. Your therapist will begin with a "limpia" with the white smoke of copal, followed by a body exfoliation and an unctuous wrap with copal extract and herbs. To finalize, you will receive a full relaxing massage with our signature copal oil that will surround you in a halo of mysticism.

100 mins. - 6,975 MXN

THE HIKURI RITUAL

"Hikuri" or Peyote is a type of cactus native from the Wirikuta desert with hallucinogenic properties vastly used for the Huichol culture for centuries as part of their daily rituals. For them, the plant is seen as a spiritual master and way to connect with their ancestors and revitalize their spirit. Our ritual is inspired in the Peyote therapeutic properties being the perfect way to relax and disconnect from the daily hectic life due its relaxing and anti-inflammatory powers. After a "limpia" with palo santo we will proceed with a detoxifying body scrub that will leave your skin purified and ready for a wrap that will improve your circulation and release the muscle tension prior to a full body massage with our signature peyote massage oil to relieve any pain in your body and relax your mind.

100 mins. - 6,975 MXN

THE MELIPONA HONEY RITUAL

Melipona Beecheii or "Xunan kaab" is the most appreciated bee specie in the Yucatan Peninsula due its medicinal properties since Mayan times. Their honey was well known to strength the immune system, to heal wounds and burns, to alleviate respiratory illnesses, and nurturing the skin. This ritual has been designed to soothe, rehydrate, and recover the skin from external damages like sunburnt. It begins with a gentle exfoliation with a base of honey followed by our unctuous honey wrap rich in antioxidants and vitamins to finish with a full body massage with our exclusive honey oil and a natural face mask of Melipona honey that will leave your skin nurtured and renewed with a delicious scent.

100 mins. - 6,975 MXN

SKINCARE ATELIER

TAILORED SIGNATURE FACIAL

This opulent facial fully personalized based on an algorithm with 800+ types of skin, utilizes the best active ingredients and lifting massage techniques to quench, repair and sculpt facial contours, leaving a revitalized and rested complexion.

90 mins. - 6,805 MXN

RECOVERY FACIAL

The skin is gently purified, soothed, and calmed thanks to restorative botanical extracts that heal and alleviate the signs of stressed skin due to environmental oxidation, leaving a repaired, dewy complexion.

75 mins. - 5,605 MXN

LUMINOSITY GLOW FACIAL

A personalized purifying treatment to treat the environmental damage to lift away skin fatigue, leaving a luminous glow.

60 mins. - 4,825 MXN

ALCHEMY GENTLEMEN'S FACIAL

A high-performance skin treatment fully personalized to purify the skin and restore elasticity, leaving a renovated, detoxified skin.

60 mins. - 4,825 MXN

JET SET INSTANT GLOW

A personalized flash ritual to lift, detox and sculpt facial contours while leaving an immediate radiant glow.

45 mins. - 4,025 MXN

US CONTACT

MAKE AN APPOINTMENT TODAY

To make a reservation, please call the spa reception
from your guest room by dialing 8951 or 8952

WALDORF ASTORIA CANCUN

Carr Federal Libre 307 Cancun Tulum
Cancun, Roo, 77580, Mexico
Tel +529984320350



WALDORF ASTORIA®
CANCUN